

WEIGHT CHART

As of January 6, 2010 the TCYTF Board has re-approved its' weight chart and policy to be use during the 2010 season. This weight chart eliminates the option of weighing with or without equipment, and players simply weigh in with the following requirements:

Required Equipment at all weigh-ins:

1. game shoes
2. socks
3. game pants
4. knee and thigh pads.
5. girdle and all girdle pads.
6. game jersey

Equipment NOT required at weigh-ins.

1. helmet
2. should pads
3. rib pads
4. neck rolls

2010 SEASON AGE & WEIGHTS

<u>Level</u>	<u>age</u>	<u>weight</u>
Super-Light	age 6-8	80
	6-8 Striper*	95
	age 9 after Sept. 1 st	60
	*** Double Striper	*** requires board approval
Light-Weight	age 7-10	100
	7-10 Striper*	115
	age 11 after Sept. 1 st	80
	*** Double Striper	*** requires board approval
Junior Varsity	age 8-12	125
	8-12 Striper*	140
	Age 13 after Sept. 1 st	90
	*** Double Striper	*** requires board approval
Varsity	age 9-14	165
	12-14 Striper*	200
	Double Striper**	275 (NO EXCEPTIONS)

All Double Stripers at Superlight, Lightweight and Junior Varsity must be approved by the TCYTF Board of Directors. An approved Double Striper can only be moved up one level of play based on the established age/weight chart by the Board. It is the team's discretion to move that player up based on ability.